

**11th Annual
NO TAN LINES HASH
4:00 P.M.**

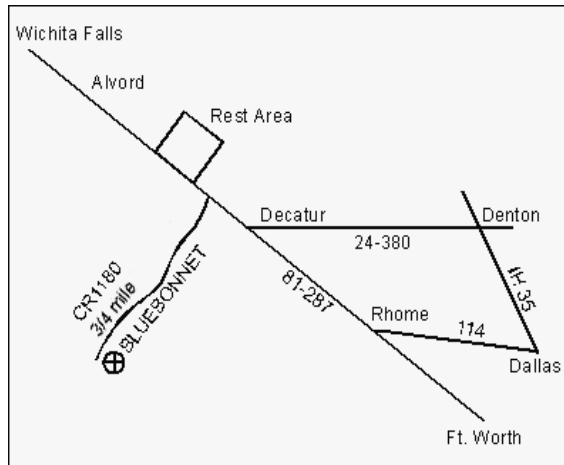
**AANR-SW
NUDE RACING SERIES**

2009 Schedule

- April 18** Bare Buns Run 5K
Sahnoans at Star Ranch
(512) 273-2257
- April 25** Skinnydipper Sun Run 5K
Wildwood Naturist Resort
(940) 627-2280
- May 16** Trail of Tears Run, Walk, Crawl
Oaklake Trails
(918) 324-5999
- September 26** Roadkill Run 5K
Armadillo Resort
(817) 599-6833
- October 3** *Bare As You Dare 5K*
Bluebonnet
699 CR 1180
Alvord, Texas 76225
(940) 627-2313

ALL EVENTS START AT 1:00 PM, EXCEPT FOR TRAIL OF TEARS (MAY 16), WHICH STARTS AT 2:00 PM

AANR-SW Nude Racing Series rules can be found at www.aanr-sw.org



DISTANCE TO BLUEBONNET FROM:

- DALLAS..... 1 hour
- DENTON..... 30 minutes
- FORT WORTH.....45 minutes
- WICHITA FALLS.....1 hour



For more information call
(940) 627-2313
or Visit our Web Site at
www.bluebonnetnudistpark.com

**THE 19th ANNUAL
BARE
AS YOU
DARE
CROSS-COUNTRY 5K
And Weekend Campout**



**Saturday
October 3, 2009**

**Bluebonnet
a naturist resort
Alvord, Texas**

Bluebonnet

699 CR 1180
Alvord, TX 76225



IN GENERAL

Bluebonnet, a naturist park, rests on 66.5 acres adjacent to Caddo and LBJ National Grasslands. Guests are able to relax and find refuge from the pressures of urban life. Our resort adds a new dimension to the clothing optional experience by offering a secure and serene environment. We welcome the experienced and the uninitiated nudist to enjoy our hospitality.

People are curious about nudism. The nudist philosophy is simple: being nude is natural. Runners have found that nude running gives them a feeling of freedom and exhilaration that cannot be matched in any other way. Bluebonnet offers this run to the general running community to give local runners an opportunity to enjoy this interesting and different running experience.

TO GET HERE

To get to Bluebonnet, follow the map on the reverse side. Please try to arrive an hour before race time so you'll have plenty of time to park, check-in, receive your packet, hydrate, warm-up, etc. The gate opens at 9:00 AM so you can get in a bit of relaxation before the race.

On race day, the resort will be open to **members and runners only**. General spectators will not be allowed access to the resort. However, if your spouse or significant other is not a runner, please feel free to bring them along. Just place his or her name on the "Volunteer" line of the entry form. We'll put them to work cheering you on as a course monitor, aid station worker, or finish line volunteer.

RACE COURSE

The 5K race course is definitely cross-country. It is a fun and challenging course laid out on gravel roads and trails that are enclosed entirely within the resort. For safety reasons, no pets, bicycles, strollers, baby joggers, or in-line skates will be permitted on the course.

ENTRY FEE

\$20.00 if pre-registered. To be pre-registered, your entry form must be postmarked on or before September 30, 2009.

\$25.00 if registering in person. You may register in person only on race day, October 3, 2009.

REGISTRATION

PRE-REGISTRATION

To register in advance, use the attached entry form or print the on-line entry form. Complete and mail the form so it is postmarked on or before September 30, 2009 with your check or money order payable to: Bluebonnet, 699 CR 1180, Alvord, TX 76225. Do not mail your entry form if it would be postmarked after October 3. In such case, you should register in person.

IN PERSON

Registration and packet pick-up can be performed in person only on race day, October 3.

RACE CATEGORIES

OVERALL CATEGORIES

Male and Female: Overall, Masters (40+), Grand Masters (50+)

AGE GROUP CATEGORIES

Male and Female: 18-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70 and over

AWARDS AND PRIZES

Awards will be given to the first place male and female finishers in the overall categories and to the top three male and female finishers in each age group category medals will be awarded. The above awards will not be duplicated (overall winners will not also receive age group awards).

T-SHIRTS

It seems a bit odd to be handing out clothing for a clothing optional event. However, runners treasure their **"Bare As You Dare"** shirts and love to wear them.

All pre-registered runners will receive a race T-shirt. We'll attempt to prepare enough T-shirts to supply everyone registering on race day, as well. But please be aware that we can only guess how many runners will choose to register on the day of the event. On race day, we'll hand out all additional T-shirts on a "first-come, first-served" basis.

RACE PHOTOS

We're sorry, but participants, members and guests will not be permitted to have **cameras or camera phones** within Bluebonnet Resort on race day. We're sure you understand that there are runners who do not wish their nude photos to be owned by others.

There will, however, be an official race photographer who will commemorate the race with a group nude and non-nude photo which will be taken after the event of those who wish to participate. You are welcome to fill out the form included in your registration packet if you wish to have a copy of either of these photos.

AFTER THE RACE

Complimentary snacks and refreshments will be available. The restaurant will be open for food service. In the past, runners have enjoyed the swimming pool, hot tub and sauna following the race. Additionally, there is volleyball, tennis (bring your own tennis racket), ping-pong, and pool, as well as a dance. All runners are invited to stay and enjoy these activities after the race.

SHOULD I BRING ANYTHING

Don't forget to bring a towel. At any nudist facility, proper etiquette requires the placement of a towel between you and anything you sit upon. Because of this, you'll notice a towel draped over the shoulder of most nudists as they walk around the resort. That is why the towel became known as the "only" true article of nudist clothing. In addition, it's useful to have that towel around to dry off after you enjoy the shower, pool, or hot tub.

Weekend Campout & Bare As You Dare 5K Race Schedule

Enjoy the entire weekend including tenting Friday and Saturday evenings for an additional \$35 plus tax (covers individual, couple, or family). Call (940) 627-2313 or e-mail us at bluebonnet@pobox.com to reserve your tent for this fun weekend. RV Site extra.

What Time	What's Happening
	FRIDAY, OCTOBER 2
5:00 p.m.	Check in for tenters & RVs begins
All Evening	Hot tub, swim, play pool, tennis, Volleyball, cards & board games
6:30 p.m.	Spaghetti Dinner in the Cantina \$6 each
	SATURDAY, OCTOBER 3
9:00 a.m.	Gates open to runners, volunteers & members
8:00–10:00 a.m.	Breakfast served in Cantina
9:00 a.m.–12:30 p.m.	Check-in, in-person registration, and packet pickup
1:00–2:30 p.m.	Lunch served in the Cantina
12:45 p.m.	Gate closes for race
1:00 p.m.	Race begins
2:30 p.m.	Awards presentation ceremony
ANY TIME	Hot tub, sauna, swim, volleyball, tennis, Horseshoes, relax by the pool
4:00 p.m.	11th Annual No Tan Lines Hash
6:30 p.m.	Potluck in the Cantina
8:00 p.m.	Dance
	SUNDAY, OCTOBER 4
9:00–10:30 a.m. 1:00–2:30 p.m.	Breakfast served in the Cantina Lunch served in the Cantina
All Day	Relax and enjoy all the Bluebonnet facilities

BARE AS YOU DARE CROSS COUNTRY 5K

REGISTRATION FORM

**Entry Fees: \$20 if entry is postmarked prior to 9/30/09
\$25 in person on 10/3/09**

All members of Running Clubs will receive an additional discount (\$2). Must show proof of current membership.

NAME _____

ADDRESS _____

EVENING PHONE _____

DAY PHONE _____

Age on October 3, 2009 _____ Birth Date _____

Check One: _____ Check One: _____
Sex: F ___ M ___ T-Shirt Size: S ___ M ___ L ___ XL ___ XXL ___

If you will bring a spouse or significant other to participate as a volunteer, please enter their name below:

Volunteer: _____

WAIVER OF CLAIM:

In consideration of the acceptance of this entry, I, the undersigned, assume all risks and full and complete responsibility for any injury or accident which may occur during the "Bare as You Dare Cross-Country 5K" or while I am on the premises of the event, and I hereby release and hold harmless the sponsors, promoters, and all other persons and entities associated with the event from any and all injury or damage and liability, whether it be caused by negligence of the sponsors, promoters and other persons or entities associated with The event, or otherwise. I also authorize "Bare as You Dare Cross-Country 5K" personnel permission to select location for any medical treatment I might need in case of injury.

Signature _____ Date _____

PAYMENT DUE

Early Registration \$20 \$ _____
Late Registration \$25 \$ _____

Method of Payment:

Check
 Master Card
 Visa
 Discover

Credit Card Number _____ Exp. Date _____

Return Form With Registration Fee To:

Bluebonnet
699 CR 1180
Alvord, TX 76225